

SAN JOSE AFTER SCHOOL**Shirakawa Area**

San José After School is a partnership by the City of San José, with school districts, community-based organizations, teachers and parents to provide safe, fun and enriching activities for youth after school.

After school programs promote healthy youth development and student learning. This includes homework centers and tutoring, recreation, arts, and enrichment activities, and technology centers. Youth will enjoy safe, fun, and enriching activities at sites located throughout San José.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering after school programs, please contact 408-277-3317.

Types of Programs

Level 1: Homework Assistance. Level one sites offer after school homework help at many locations in San Jose.

Level 2: Safe and Accessible After School Programs. Level two sites offer integrated recreation and literacy and math enrichment programs.

Level 3: Integrated and Comprehensive approach After School Programs. Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

Sites	Level	Time
Alma Youth Center	Level 2	2:30-5pm
Franklin Elementary School	Level 3	2:30-6pm
Helzer Court Apartments	Level 1	*
Jean Meadows Elementary School	Level 3	2:30-6pm
Maranatha Christian Center	Level 1	*
Resources for Families & Communities	Level 1	*
Santee Elementary School	Level 3	2:30-6pm
Stonegate Elementary School	Level 3	2:30-6pm
The Fair Exchange	Level 3	2:30-6pm
Windmill Springs Elementary School	Level 3	2:30-6pm
Yerba Buena High School	Level 1	*

* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).

Don't Miss Out!

Register early because a class may be cancelled if it does not meet the minimum enrollment.

Solari Community Center

Tracy Wilson Youth Center
3590 Cas Dr., San José 95111

Phone: 408-277-4643

Fax: 408-972-1746

Supervisor: Carolyn Johnson

Email: carolyn.johnson@sanjoseca.gov

Bus Lines: Call VTA @ 408-321-2300

Types of Programs: After-school recreation, fee class, rental, senior, sports, Leagues, youth programs, and special events.

ARTS & CRAFTS**Cartoon Drawing I** **\$45**

This class will teach the elements of telling stories with pictures. Students will learn basic cartooning, drawing, painting, and storytelling. They will learn to write, draw, paint, and self-publish their own comic books. Children will have fun expanding their imagination. This class will require additional supplies to be purchased by the student.

No Class 11/11, 11/25

Instructor: Coyle

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.101	Th	10/7-12/9	4:30-5:30pm	5-15	8	SL

Cartoon Drawing II **\$45**

Children will participate in several drawing activities that allow them to see objects as they really appear. Learn how to draw realistic self-portraits & learn perspective and proportion. Oils, pastels, watercolor, colored pencils, etc. will be used in class. This class will require additional supplies to be purchased by the student.

No Class 11/11, 11/25

Instructor: Coyle

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.102	Th	10/7-12/9	5:30-6:30pm	8-15	8	SL

DANCE**Ballet/Tap Beg** **\$49**

Beginning lessons for ballet/tap. Students must wear hard soled shoes and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital. Participants must be toilet trained.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.201	W	10/6-11/24	5:30-6:30pm	3-7	8	SL
231.2.202	Sa	10/2-11/20	10:30-11:30am	3-7	8	SL

Solari Community Center continues on next page



DANCE

Hip Hop/Jazz

\$49

Explore beginner and intermediate Hip Hop dance, music and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety... and of course have fun doing it.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.203	W	10/6-11/24	5:30-6:30pm	13-17	8	SL
231.2.204	Sa	10/2-11/20	12:30-1:30pm	8-12	8	SL

Kinder Gym

\$49

Designed to teach basic gymnastic skills, including movement exploration, balance and coordination. Parents may attend a 10-minute overview at the first class meeting and a performance at the last class meeting only.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.205	W	10/6-11/24	6:30-7:30pm	3-7	8	SL
231.2.206	Sa	10/2-11/20	11:30am-12:30pm	3-7	8	SL

EARLY CHILDHOOD RECREATION

Please read the ECR Policy on page 97.

KinderTots

\$140

This class emphasizes age appropriate activities, which may include crafts, stories, drama, music, and games used to develop socialization skills, hand/eye coordination, and motor skills. Children should have a general understanding of their numbers and letters, so that these skills can be improved, however the emphasis of the class is recreation only. It is not a licensed day care program. Child must be toilet trained.

No Class 10/11, 11/26

Instructor: Rosillo

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.301	M/W/F	10/4-10/29	9am-12pm	4-5	11	SL
231.2.302	M/W/F	11/8-12/3	9am-12pm	4-5	11	SL

Tiny Tots

\$110

This class will help your child prepare for pre-school and kindergarten. Classes are designed to promote independence, and improve social, cognitive, and movement skills. Activities include crafts, stories, playtime and simple learning concepts. This class is recreation only. It is not a licensed day care program. Child must be toilet trained and able to attend the class by themselves.

No Class 10/11, 11/25

Instructor: Rosillo

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.303	T/Th	10/5-10/28	9am-12pm	3-4	8	SL
231.2.304	T/Th	11/9-12/2	9am-12pm	3-4	6	SL

MUSIC/THEATER ARTS

Piano Keyboard I

\$70

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.00 music book fee payable to the instructor, will be collected at the first class. Students must bring their own set of headphones.

Instructor: Noteworthy Music

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.401	Sa	10/2-11/20	1:45-2:30pm	7-12	8	SL

Piano Keyboard II

\$70

Student must complete Keyboard I or show instructor keyboard ability. Course will continue developing skills from music book.

Instructor: Noteworthy Music

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.402	Sa	10/2-11/20	2:30-3:15pm	7-12	8	SL

Piano Keyboard II/III

\$70

Student must complete Keyboard II or show instructor keyboard ability. Course will continue developing skills from music book.

Instructor: Noteworthy Music

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.403	Sa	10/2-11/20	3:15-4pm	7-12+	8	SL

SPORTS & FITNESS

Cheerleading I

\$52

Children will learn cheerleading moves, routines and cheers. This class will help children gain self-esteem while having fun learning. This class is designed to teach beginners the basics and improve the skills of those more advanced. By the end of the session the children will be ready for an in class cheerleading competition with their peers. Pom Poms will be available for purchase from the instructor. Uniforms will also be available for purchase, but are not required.

No Class 11/11, 11/25

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.501	Th	10/7-12/9	5:30-6:10pm	5-13	8	SL

Floor Gymnastics

\$49

Like to move? Come and learn basic gymnastic skills such as cartwheels, backbends, headstands, and more.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.502	Sa	10/2-11/20	9:30-10:30am	8-12	8	SL

Visit us on the web at www.sanjoseca.gov/prns or
email us at PRNS@sanjoseca.gov

Karate – Beginning \$60

This class is designed for children and adults. All classes include self-defense and stress the importance of self-confidence and mental discipline. Wear loose and comfortable clothing the first day of class, and check with instructor for more details on clothing requirements.

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.503	Sa	10/2-11/20	9:30-10:10am	5-7	8	SL

Karate I \$60

Students will learn traditional Japanese Karate, along with Japanese culture, philosophy, history, and language. All classes include self-defense and stress the importance of self-confidence and mental discipline. Wear loose and comfortable clothing the first day of class, and check with instructor for more details on clothing requirements. There is additional fee for belt testing and certification payable to the instructor. Beginner classes are open to everyone.

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.504	Sa	10/2-11/20	10:15-10:55am	8-13	8	SL

Karate II – Intermediate \$60

Students that have already studied Funakoshi Shotokan and earned the rank of blue belt and above are welcome in this class. Intermediate and advanced katas (forms) and tournament style Kumite (sparring) are taught. There is an additional fee for belt testing and certification payable to the instructor.

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.505	Sa	10/2-11/20	11-11:40am	All	8	SL

Tennis – Beginning \$30

Introduction to basic strokes, including forehand, backhand, overhead serve (lob and net) racquet size purchase guidelines, court etiquette and score keeping. Doubles and singles strategies will be taught. Wear court sneakers. Students provide their own racquet and one unopened can of tennis balls.

No Class 11/11, 11/25

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.506	Th	10/7-12/9	3:30-4pm	All	8	SL
231.2.507	Sa	10/2-11/20	8:30-9am	8-15	8	SL
231.2.508	Sa	10/2-11/20	9-9:30am	All	8	SL

Neáu quyù vò caàn giuùp dòch taăp
Hôông Daãn Hoaï t Ñoăng Toaøn
Thaøn Phoa Cuôa Sôu Coâng Vieân,
Giaûi Trí vaø Dòch Vui Khu Phoa, xin
lieân laïc ñoông da ây tin tòuc cuôa
Thaøn Phoa San Jose ôu soá
(408) 277-4000.

Tennis – Youth League \$42

Youth League is a team with other students in the class playing small tournaments using basic strokes, including forehand, backhand, overhead serve (lob and net) racquet size purchase guidelines, court etiquette and score keeping. Doubles and singles strategies will be taught. Wear court sneakers. Students provide their own racquet and one unopened can of tennis balls.

No Class 11/11, 11/25

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.509	Th	10/7-12/9	4-5pm	8-15	8	SL

SPORTS LEAGUE**Coed Soccer \$28**

Join us for 8-weeks of FUN-petitive Soccer at Solari Community Center. Kids have fun learning basic skills, and meeting new friends in a sport where no score is kept. Soccer fees include supplies, officials, equipment, t-shirt, trophy, and end of season pizza party. Registration Information:

- To register children must attend the first two practices at the following locations: Solari Community Center SJAS, Kennedy Elementary SJAS, Dahl Elementary SJAS, Shirakawa Elementary SJAS, and McKinley Elementary SJAS sites (Locations subject to change).
- Sept. 6th, 8th = Ages 6-8 practice from 4-5pm.
- Sept. 7th, 9th = Ages 9-12 practice from 4-5pm.
- All teams are first come first serve with a max. of 15 players per team
- Practices are held at specified elementary school sites.
- All games are held on Saturday's at Solari Community Center beginning Saturday, September 18, 2004 (Game times TBA).
- Welcome Clinic & Parent Meeting is scheduled for September 11, 2004 from 10-11:30am
- For information call Adriene Braddock or Sports League Coordinator at 408.277.4643.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.901	Sa	9/11-11/6	10am-1pm	6-12	8	SL

Little Kickers \$28

Join us for 8-weeks of FUN-petitive Soccer for 3-5 year old children at Solari Community Center. Kids have fun learning basic skills, and meeting new friends in a sport where no score is kept. Little Kicker fees include supplies, officials, equipment, t-shirt, trophy, and end of season pizza party.

- Welcome Clinic & Parent Meeting is scheduled for September 11, 2004 from 10-11:30am.
- All games are held on Saturday's at Solari Community Center beginning Saturday, September 18, 2004 (Game times TBA).
- All practices are held at Solari Community Center 30 minutes prior to game time.
- For information call Adriene Braddock or Sports League Coordinator at 408.277.4643.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.902	Sa	9/11-11/6	10am-1pm	8-16	8	SL

Solari Community Center continues on the next page



SPORTS LEAGUE

Drop-In Basketball **\$23**

Join us for 8-weeks of FUN-petitive Basketball at Andrew Hill High School. Kids have fun learning basic skills through drills, and scrimmage after. Flag Football fees include supplies, officials, equipment, t-shirt, trophy, and end of season pizza party. (**Location** Subject to change)

- Welcome Clinic & Parent Meeting is scheduled for September 11, 2004 from 10-11:30am.
- All games are held on Saturday's at Andrew Hill High School beginning Saturday, September 18, 2004 (Times TBA).
- All practices are held at Solari Community Center 30 minutes prior to game time.
- For information call Adriene Braddock or Sports League Coordinator at 408.277.4643.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.903	Sa	10/16-12/11	9am-1pm	8-16	8	SL

Flag Football **\$28**

Join us for 8-weeks of FUN-petitive Flag Football at Solari Community Center. Kids have fun learning basic skills, and meeting new friends in a sport where no score is kept. Flag Football fees include supplies, officials, equipment, t-shirt, trophy, and end of season pizza party.

- Welcome Clinic & Parent Meeting is scheduled for September 11, 2004 from 10-11:30am.
- All games are held on Saturday's at Solari Community Center beginning Saturday, September 18, 2004 (Game times TBA).
- All practices are held at Solari Community Center 30 minutes prior to game time.
- For information call Adriene Braddock or Sports League Coordinator at 408.277.4643.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.904	Sa	9/11-11/6	10am-1pm	6-16	8	SL

Pee Wee Flag Football **\$28**

Join us for 8-weeks of FUN-petitive Flag Football for 3-5 year old children at Solari Community Center. Kids have fun learning basic skills, and meeting new friends in a sport where no score is kept. Flag Football fees include supplies, officials, equipment, t-shirt, trophy, and end of season pizza party.

- Welcome Clinic & Parent Meeting is scheduled for September 11, 2004 from 10-11:30am.
- All games are held on Saturday's at Solari Community Center beginning Saturday, September 18, 2004 (Game times TBA).
- All practices are held at Solari Community Center 30 minutes prior to game time.
- For information call Adriene Braddock or Sports League Coordinator at 408.277.4643.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.905	Sa	9/11-11/6	10am-1pm	6-16	8	SL



SPECIAL EVENTS

Halloween Bash

Goblins and Ghouls will enjoy making crafts, playing games, winning prizes, great food and have lots of fun ! Remember to wear you costume.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.605	F	10/29	5-8pm	3-15	1	SL

Thanksgiving Luncheon

FREE Thanksgiving Luncheon. A time to gather, enjoy good food, entertainment, laughter, meet new friends and give thanks for our community of friends.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.606	Sa	11/20	1-3pm	ALL	1	SL

CAMPS

Fall Camp Solari **\$68/Week or \$25/day**

Our low cost day camps will give children the opportunity to engage in a full day of fun activities that consist of the following: craft activities, large/small group games, cooking activities, science activities, team building and problem solving. Children will also build positive relationships with outstanding recreation leaders that have years of experience, and make new friends. Weekly fun, low cost and major field trips will be an option for children to participate in as well.

- There must be a minimum of 25 participants registered in our camps two-weeks prior to camp start date.
- For more information call Adriene at 408.224.0415.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.906	M-F	10/11-15	7:30am-6pm	5-12	5	SL

Winter Camp Solari \$68/Week or \$25/day

Our low cost day camps will give children the opportunity to engage in a full day of fun activities that consist of the following: craft activities, large/small group games, cooking activities, science activities, team building and problem solving. Children will also build positive relationships with outstanding recreation leaders that have years of experience, and make new friends. Weekly fun, low cost and major field trips will be an option for children to participate in as well.

- Prices for 12/20-23 & 12/27-30 will be \$56/Week because they are four-day weeks.
- There must be a minimum of 25 participants registered in our camps two-weeks prior to camp start date.
- For more information call Adriene at 408.224.0415.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.905	M-F	12/20-23	7:30am-6pm	5-12	5	SL
231.2.906	M-F	12/27-30	7:30am-6pm	5-12	5	SL
231.2.907	M-F	1/2-7	7:30am-6pm	5-12	5	SL

ADULT CLASSES**Floral Arranging \$45**

Basic floral design as an art form. This class will use primarily fresh flowers for the arrangements. Each class you will bring home a new arrangement. Student is responsible for his/her own flowers. Flowers can be purchased through the teacher or on your own.

Instructor: Hui

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.701	Th	10/7-10/28	6:30-8:30pm	16+	4	SL

Quilting - Beginning \$62

Get out your box of scrap fabric and make this beautiful quilt. If you are new to quilting, it can be made with eight different fabrics. Also the cozy rag time quilt and a variation will be demonstrated. The quilts are machine quilted and the instructions will be handed out in class. Bring your own sewing machine. Quilting material supplies can be purchased with the teacher.

*No Class 11/11**Instructor: Gill*

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.702	Th	10/7-11/18	9am-12pm	16+	6	SL

Tennis – Adult Beginning \$42

Introduction to basic strokes, including forehand, backhand, overhead serve (lob and net) racquet size purchase guidelines, court etiquette and score keeping. Doubles and singles strategies will be taught. Wear court sneakers. Students provide their own racquet and one unopened can of tennis balls.

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.703	W	10/6-11/24	11am-12pm	16+	8	SL
231.2.704	Sa	10/2-11/20	9:40-10:40am	16+	8	SL

Yoga \$42

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders, and hips through breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture.

Instructor: Jindia

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.705	W	10/6-11/24	6:30-7:30pm	16+	8	SL

SENIOR PROGRAMS**Ceramics Free**

Bring your own ceramic pieces, and paints, enjoy painting with friends. Greenware pieces are fired in our kiln for free.

Instructor: DelGadillo

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.801	T	Ongoing	8:30-11:30am	50+		SL

Computers - Beginning Free

Computer Internet Class Training. This course will mainly focus on teaching basic beginning computer skills, Introduction to Internet, and Beginning skill for moving around on the desktop.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.802	Sa	10/2-11/20	10am-12pm	50+	8	SL

Tai Chi Free

Introduction into Tai Chi and QiQuong. The vital power that flows through the universe and all things. In this class we will strive to awaken the feeling of Chi in our bodies through a series of gentle flowing movements that leave the body and mind relaxed, calm and energized.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.803	Th	Ongoing	12-1pm	50+		SL

Solari Community Center continues on the next page

Anti-discrimination Policy

It is the City of San José's policy to afford all persons equal opportunity by prohibiting discrimination in City's programs against any person on the basis of race, sex, color, age, religion, sexual orientation, actual or perceived gender identity, disability, ethnicity, or national origin. It is the City's policy/goal to expand opportunities for people with disabilities to participate in City services, programs and facilities.

*The date, time, and location of activities published are correct at the time of publication.
Due to unforeseen circumstances, the information published may change.*



TRACY WILSON YOUTH CENTER

Arts and Crafts

Free

Come and express your creative side with paint, paper, glue, etc.

Instructor: Melgoza

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.821	T	10/5-11/23	3:30pm	12-17	8	TW

Community Clean-ups

Free

Here is your chance to get your Community Service Hours for school or just to volunteer your time. Come and help us clean-up the Solari Park. (1st and 3rd Mondays of the month)

No Class 10/11

Instructor: Melgoza

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.823	M	10/4-11/22	5pm	12-17	4	TW

Weight Room

Free

Come and learn the importance of regular exercise and safe, effective techniques for achieving individual health goals, toning and strengthening techniques.

No Class 10/11

Instructor: Gonzalez

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.825	M/W/F	10/4-11/24	5-7am	12-17	23	TW

Open Gym

Free

The gym is open for youth to play basketball, volleyball, etc.

No Class 10/11

Instructor: Gonzalez

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.824	M/W/F	10/4-11/24	5-7pm	12-17	23	TW

For more information about our program please call 408-224-1520.



SAN JOSE AFTER SCHOOL

Solari Area

San José After School is a partnership by the City of San José, with school districts, community-based organizations, teachers and parents to provide safe, fun and enriching activities for youth after school.

After school programs promote healthy youth development and student learning. This includes homework centers and tutoring, recreation, arts, and enrichment activities, and technology centers. Youth will enjoy safe, fun, and enriching activities at sites located throughout San José.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering after school programs, please contact 408-277-4643

Types of Programs

Level 1: Homework Assistance. Level one sites offer after school homework help at many locations in San José.

Level 2: Safe and Accessible After School Programs. Level two sites offer integrated recreation and literacy and math enrichment programs.

Level 3: Integrated and Comprehensive approach After School Programs. Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

Sites	Level	Time
Captain Jason Dahl Elementary School	Level 3	2:30-5pm
George Shirakawa, Sr. Elementary School	Level 3	2:30-5pm
Los Arboles Elementary School	Level 3	2:30-6pm
Kennedy Elementary School	Level 3	2:30-5pm
Seven Trees Elementary School	Level 1	*
Sylvandale Middle School	Level 3	2:30-6pm
Solari Community Center/ASEP	Level 3	2-6pm

* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).

Tennis Anyone?

Twenty-one City parks include tennis courts for City residents to enjoy. Many of these courts may be reserved by calling (408) 369-3907.

Tennis classes are offered through many City community centers. Check the class listings for times and locations.

